### Behind Beyond Barriers

#### Background

Beyond Barriers Intimacy and Dating is an independent NDIS service owned and operated by Avalon. Avalon is an experienced provider who has a background in support work, experience with NDIS policies and procedures, and prior learning in allied health fields.



#### Values and Commitment

Beyond Barriers Intimacy and Dating values supporting those who can't access safe, consensual and enjoyable Intimacy. Beyond Barriers Intimacy and Dating is committed to ending the stigma and advocating for appropriate supports.

## Visit Us

Servicing Brisbane and the Sunshine Coast

Instagram @beyondintimacybrisbane Twitter @beyondNDIS

Email me at beyondbarriersintimacy@gmail.com





### Intimacy Dating

# Safe Satisfying Sexuality

## How Does it Work?

#### What it is!

Engaging with an Adult Intimacy, Relationships and Community Provider is a rewarding experience that can help:

- Improve your confidence and self esteem
- Foster your ability to find and maintain meaningful adult relationships
- Provide resources and support on maintaining safe, satisfying sex after an acquired disability
- Educate you on safe sex practices
- Practice social skills
- Find sexual satisfaction when no other options are available.

#### What it isn't!

It is not the same as paying for intimacy privately. You cannot:

- Dictate what sexual services are provided
- Ask for services that are not necessary and reasonable
- Receive services without an initial consultation
- Receive services without an advanced booking

All clients undergo screening to ensure services are right for you.

# Services

#### Intimacy

Intimacy services are available under: Capacity Building - Improved Daily Living -15\_056\_0128\_1\_3.

Available for self managed and plan managed participants under the current recommended price guide.

#### Relationships

Relationship services are available under: Capacity Building - Improved Daily Living -15\_056\_0128\_1\_3.

Available for self managed and plan managed participants under the current recommended price guide and can include:

- Outdoor dates and activities
- Couples consultation for advice, resources and implementation of aids to maintain a sexual relationship
- Individual consultation for advice, resources and implementation of aids to maintain self pleasure



### Community

Community services are available under: Core Supports - Assistance with Social, Economic and Community Participation. Available to self managed and plan managed participants under the current recommended price guide and can include:

- Attending adult venues
- Accompanying you to over 18 stores
- Providing support at intimate encounters with private providers or consensual adult events

### Getting Started

You must first consider the following before starting your journey:

- Are your current NDIS goals suitable to justify this service?
- Do you have funds available in the line item used?
- Will your plan manager approve an invoice for these services?

Answered YES to these questions? GREAT! You're almost ready to start!